

3 Night Marathon Tour from Beijing

TOUR

April 7 – 10, 2018 3 nights in the DPRK

OVERVIEW

Run the Pyongyang Marathon by joining a short tour departing from Beijing!

Once again, Koryo Tours is excited to offer the chance for amateur runners to take part in the Pyongyang Marathon 2018! This race can be run either as a full marathon or as a half marathon, and there are also 10km and 5km races.

Hundreds of local runners take part as well as some elite foreign runners. Anyone taking part in this tour who wants to watch the marathon instead of take part in it is more than welcome to do so. There will be local football matches taking place in Kim II Sung stadium after the start of the race, you can be there for this too!

As well as the Pyongyang Marathon, we will show you the highlights of Pyongyang city, including a visit to the famous Victorious Fatherland Liberation War Museum and captured spy ship USS Pueblo.

HIGHLIGHTS

- PYONGYANG MARATHON!
- Pyongyang City Tour

Please note that the itinerary may differ slightly to what is below but your tour leader will do their best to ensure that as much is covered as possible and will also add in extras when there is time such as a visit to a local bar or a funfair. We visit the DPRK regularly and know all the best places to go to make your trip even more unique. We will make the most of your time in the DPRK to guarantee the experience of a lifetime.



DAILY ITINERARY

APRIL 6 - FRIDAY (BRIEFING DAY)

AM

Recommended latest arrival in Beijing.

PM

• Our group assembles for a mandatory pre-tour group briefing in Beijing (several times will be offered and the exact location is TBC). This briefing will last approximately one hour and designed so that you will get the most out of your tour. It will cover travel etiquette, safety, and practicalities for travel in the DPRK. Have your last minute questions answered and meet your fellow travelers. Please be punctual - you can come early, pay any outstanding tour fees and browse our collection of Korean art.

Overnight: Hotel in Beijing not included in the tour. Contact us for recommendations near our office!

APRIL 7 – SATURDAY (ARRIVAL IN PYONGYANG)

AM

Free bus from the Koryo Tours office to Beijing Capital Airport Terminal
 Exact time TBC at the pre-tour briefing. Alternatively meet the group at the Air Koryo check-in counter.

PM

- Flight departure from Beijing on **Air Koryo flight** at TBC time. A 1.5 hour flight with basic lunch (no vegetarian option).
- Arrival to Pyongyang's Sunan International Airport (FNJ) at TBC time.
 DPRK immigration and customs, meet your Korean guides, and transfer to the city.
- Arch of Triumph A massive archway made for the 70th anniversary of the birth of President Kim II Sung in 1982 and commemorating the liberation of Korea from Japanese colonial rule in 1945. Larger than its counterpart in Paris.
- Mansudae Fountain Park The historic centre of Pyongyang popular with local citizens after school and on weekends. Flanked by examples of ancient and modern architecture from different eras.



- Mansudae Grand Monument Enormous bronze statues of President Kim II Sung and Leader Kim Jong II overlooking the centre of Pyongyang. A presentation of flowers and bow by the group is customary here. See the nearby Chollima Monument of a mythical horse said to be able to run a 'thousand li (400 km or 250 miles)'. The Chollima was symbol of the movement to rebuild the country following the devastation of the Korean War and today has come to represent speed and quality.
- Optional screening of Comrade Kim Goes Flying, a DPRK film about a young rural coal miner, Kim Yong Mi, who dreams of becoming a trapeze artist at the Pyongyang Circus. Her plans are complicated by the arrogant trapeze star Pak Jang Phil who believes miners belong underground and not in the air. North Korea's first "girl power" movie about a young woman achieving her dreams. Produced and directed by a British, Belgian, and Korean team. The film is 78 minutes long and will be shown at the Pyongyang International House of Cinema, a short distance from our hotel. (100 RMB entry fee). A Koryo Tours Exclusive!

OVERNIGHT

Yanggakdo International Hotel, Pyongyang - Home away from home for most (but not all!) foreign visitors to Pyongyang, this 47-story hotel is located on an island in the middle of the Taedong River and offers great views of the city. Comfortable rooms and comprehensive leisure facilities: swimming pool, spa, billiards, bowling, gift shops, tea houses, beer brewed on-site, and a Chinese-run casino.

APRIL 8 – SUNDAY (PYONGYANG MARATHON)

The big event! The Pyongyang Marathon 2018!

AM

• The 2018 Pyongyang Marathon – this is your chance to run the streets of Pyongyang in the DPRK's largest annual sports event!

Join the Full Marathon, Half Marathon, 10km or 5km race — all of which follow a return course that starts and ends in Kim II Sung Stadium in front of a 50-000-strong capacity crowd of local Koreans.

The full route, which has been certified by the IAAF, leads right through the city centre, past a number of iconic landmarks, and then out into Pyongyang's less urban districts. Don't miss this incredible opportunity to see more of the capital and interact with people along the course. Prizes are available for the winners of each race.



PΜ

- Walk in the city centre After lunch and a rest at the hotel, we'll continue the tour with a walk in the city centre to cool down.
- Local Beer Bar Relax at a local bar to wrap up an exciting day.

OVERNIGHT

Yanggakdo International Hotel, Pyongyang.

APRIL 9 – MONDAY (PYONGYANG CITY TOUR)

AM

- Mangyongdae Native House Birthplace and childhood home of President Kim II Sung. A traditional Korean house in what is today a quiet suburban park.
- Tower of the Juche Idea The tallest stone monument in the world and dedicated to the DPRK's guiding philosophy. Take the elevator to the top (5 EUR ticket) for a panoramic view of Pyongyang.
- Monument to the Party Foundation Iconic stone hammer, sickle, writing brush representing the workers, farmers, and intellectuals which make up the Worker's Party of Korea.
- **Kim II Sung Square** Pyongyang's central square lined with government ministries, museum and The Grand People's Study House.
- Foreign Languages Bookshop Store selling Korean publications translated into English, German, French, Russian, Chinese, Spanish, and Arabic.

PM

- Pyongyang Metro Tour One of the deepest metro systems in the world with artwork reflecting the name of each station. Ride six stations on the Chollima Line.
- Victorious Fatherland Liberation War Museum World-class museum exhibiting the DPRK perspective of the Korean War with artifacts, documents, photos, and lifelike dioramas. The exterior grounds house the War Victory Monument and captured equipment from the US military, including the USS Pueblo. Central to understanding the country today.



- **Taedonggang Bar No. 3** Upscale bar across the street from the Tower of the Juche Idea. There are a variety of beers on tap produced at Pyongyang's Taedonggang Brewery outside of town (2-2.5 EUR per glass).
- Farewell group dinner at South Pyongyang's famous Duck Barbeque Restaurant, where you can grill your own meats. The site of many a teary eyed farewell.

OVERNIGHT

Yanggakdo International Hotel, Pyongyang.

APRIL 10 – TUESDAY (DEPARTURE DAY)

AM

 Flight departure from Pyongyang on Air Koryo Flight JS151 at 08:20 with scheduled arrival at Beijing Capital Airport (PEK) Terminal 2 at 10:00.

End of Tour



TOUR PACKAGE

INCLUDED

- Return flight Beijing Pyongyang
 / Pyongyang Beijing
- All meals on the tour (these will be at local restaurants or in the hotel)
- Hotel accommodation
- A Koryo Tours tour leader, two local Korean guides, and a driver per group
- All transportation in the DPRK

NOT INCLUDED

- Marathon race fees to be paid in cash (clean USD notes only) before the race in Pyongyang, amounts are 5 km or 10 km: \$70 USD / Half Marathon: \$100 USD / Full Marathon: \$150 USD
- DPRK visa fee
- Optional single room supplement
- Tips for the local Korean guides and driver
- Optional activities such as the lift up the Juche Tower (5 EUR) or a visit to the funfair (approx. 2 EUR entrance fee per person)
- Entry tickets for special events if applicable – for example Pyongyang Circus (approx. 20 EUR per person)
- Meals include a complimentary beer and water, but you will need to purchase extra drinks if needed
- Spending money for souvenirs



ADDITIONAL NOTES

- Groups will be in the experienced hands of two or three local Korean guides.
 Furthermore, for groups of 10 or more, a member of the Koryo Tours team will accompany the trip.
- Please note that when on tour your day-to-day itinerary may differ to what is advertised above. Your tour leader will ensure, however, that everything available at the time is covered, and replacement options are provided where needed. We will also add in extras when there is time (such as a visit to a local bar or amusement park).
- We visit the DPRK regularly so know all the best places to go, and how to make the most of your days there to guarantee the experience of a lifetime.
- After the tour, we will send out a list of all participants' emails so you can keep in touch, swap photos etc. If you do not wish to be on this list then please let us know.